

drugs and alcohol...  
careers...  
self esteem...  
confidence...  
housing and  
homelessness...  
discrimination...  
family and  
relationships...  
identity and  
sexuality...  
suicide or self harm...  
abuse...  
education rights...  
domestic violence...  
employment rights...  
crime or problems  
with the police...  
anger  
management...  
being a carer...  
debt...  
sexual health...  
eating disorders...  
immigration and  
asylum...  
depression or  
anxiety...  
bullying...  
pregnancy...  
leaving care...

**Better information  
and advice  
for young people**

**Are you getting ...**

**support for any  
personal, health  
or financial  
problems?**

**help with  
education and  
career choices?**

**What should  
you expect?**

# Making sure you get all the help you need

**From 2008 the Government expects your local council to work with schools, colleges, Connexions Services, training providers and other services to improve the help and support they provide to young people.**

**If you are aged 11- 19, or until the age of 24 if you have a disability, these services should work together to make sure you get the information and advice you need to be happy, confident and able to achieve your best.**

## **You should expect:**

**To be told about the different people, places, websites and helplines that can help you with education, careers and any other personal, health or financial problems.**

**To get information on the guarantee of an offer of further learning at the end of Year 11**

**To be told about the financial help you can get to help you stay in education, such as Education Maintenance Allowance and Student Grants,**

**To have an adult you can trust to help you contact any services you need if you have any problems at home, school or college**

**To be given opportunities to get involved in planning and improving information and advice services**

**To be told where to go for help after you reach 19 years, or 24 years if you have a disability.**

# Help should be right for you

**You should get information and advice in schools, colleges, Connexions Centres and young people's drop-in services**

**Any individual help you need should be available quickly and easily**

**You should feel respected and valued and your individual needs should be understood**

**You should feel encouraged to do what's right for you and helped to think about all the different things you could achieve**

**Any help should respect your need for confidentiality and explain when information may have to be shared about you**

**Help should give you confidence to plan what you want to do next**

## What can you do if you don't get the information and advice you need?

- © Try and speak to someone in your school or college or to a Connexions Adviser or youth worker and ask them to help you sort any problems out.
- © You can also get in touch with one of the contacts listed below:

