



Qualification Name	PHYSICAL EDUCATION
Exam Board	AQA
Type (e.g. GCSE/BTEC Certificate)	GCSE
Level (1,2 or both)	N/a
GLH (Guided Learning Hours)	TBC
Course Content Outline (What Will I study?)	<p>Theory content is taught in preparation for two Exam papers; Paper 1: The human body and movement in physical activity and sport Paper 2: Socio-cultural influences and well-being in physical activity and sport The course consists of 7 topic areas;</p> <ol style="list-style-type: none"> 1. Applied anatomy and physiology 2. Movement analysis 3. Physical training 4. Use of data 5. Sports psychology 6. Socio-cultural influences 7. Health, fitness and well-being <p>Practical content is taught through a variety of sports and students will be assessed in three different physical activities in the role of player/performer (one in a team activity, one in an individual and a third in either a team or in an individual activity). There will also be analysis and evaluation of performance to bring about improvement in one activity.</p>
Typical Lesson/Homework Activities. (How will I study?)	<p>Students will study in a variety of ways; worksheets, videos, power-points & wherever possible the theory component of the course will be linked to the practical. Homework is provided every week and is to be submitted in the following theory lesson.</p> <p>Practical lessons will be taught focusing on a variety of sports as chosen by the PE department.</p>
Success Criteria (How will I be assessed?)	<p>Theory Exam assessments: Paper 1—Written exam: 1 hour 15 minutes, 78 marks = 30% of GCSE Paper 2—Written exam: 1 hour 15 minutes, 78 marks = 30% of GCSE All questions are a mixture of multiple choice/objective test questions, short answer questions and extended answer questions</p> <p>Practical non-exam assessment: Assessed by teachers and moderated by AQA 100 marks = 40% of the course For each of the three activities, students will be assessed in skills in progressive drills (10 marks per activity) and in the full context (15 marks per activity) Students will be assessed on their analysis (15 marks) and evaluation (10 marks) of performance to bring about improvement in one activity</p>
Succession Paths Post-16 (What can I do with this qualification?)	A-level or BTEC related courses at local colleges or 6th form

Qualification Name	BTEC Level 1/Level 2 First Award in Sport
Exam Board	AQA
Type (e.g. GCSE/BTEC Certificate)	BTEC Level First Award Level 2
Level (1,2 or both)	Both
GLH (Guided Learning Hours)	120
Course Content Outline (What Will I study?)	<p>The Pearson BTEC Level 1/Level 2 First Award in Sport is taught over 120 guided learning hours (GLH). It has core and optional specialist units. Learners must complete the two core units, and a choice of optional units to reach a total of 120 GLH. This BTEC First Award has units that your centre assesses (internal) and a unit that Pearson sets and marks (external). Each unit equates to 25% of the students overall grade.</p> <p>Unit 1: Fitness for Sport and Exercise <i>Externally Assessed Online Exam relating to Physical & Skill Components of Fitness, Training Methods, Fitness Testing and the Affect of Exercise on the Body.</i></p> <p>Unit 2: Practical Sports Performance <i>Learning aims in this unit : A) understand the rules, regulations and scoring systems for selected sports B) practically demonstrate skills, techniques and tactics in selected sports C) be able to review sports performance.</i></p> <p>Unit 5: Training for Personal Fitness <i>Learning aims in this unit : A) design a personal fitness training programme B) know about exercise adherence factors and strategies for continued training success C) implement a self-designed personal fitness training programme to achieve own goals and objectives D) review a personal fitness training programme.</i></p> <p>Unit 6: Leading Sports Activities <i>Learning aims in this unit : A) know the attributes associated with successful sports leadership B) undertake the planning and leading of sports activities C) review the planning and leading of sports activities.</i></p>
Typical Lesson/Homework Activities. (How will I study?)	<p>Students will study in a variety of ways; worksheets, group tasks, quizzes, independent research, video analysis, power-points & wherever possible the theory component of the course will be linked to the practical.</p> <p>Homework is provided every week and is to be submitted in the following theory lesson.</p> <p>Students will be required to complete and update coursework outside of school to meet the strict deadlines supplied by the exam board.</p> <p>Practical lessons will be taught focusing on a variety of sports as chosen by the PE department.</p>
Success Criteria (How will I be assessed?)	<p>Students will be awarded one of the following grades for each unit completed and assessed:</p> <p>Level 1 Pass - Minimum points required 24 Level 2 Pass - Minimum points required 48 Level 2 Merit - Minimum points required 66 Level 2 Distinction - Minimum points required 84</p> <p>Unit 1: Fitness for Sport and Exercise -Core Unit - Externally Assessed - Online Exam</p> <p>Unit 2: Practical Sports Performance -Core Unit - Internally Assessed - Externally Moderated</p> <p>Unit 5: Training for Personal Fitness - Optional Unit - Internally Assessed - Externally Moderated</p> <p>Unit 6: Leading Sports Activities - Optional Unit - Internally Assessed - Externally Moderated</p>
Succession Paths Post-16 (What can I do with this qualification?)	A-level or BTEC related courses at local colleges or 6th form