



Qualification Name	PHYSICAL EDUCATION
Exam Board	AQA
Type (e.g. GCSE/BTEC Certificate)	GCSE
Level (1,2 or both)	N/a
GLH (Guided Learning Hours)	TBC
Course Content Outline (What Will I study?)	<p><b>Theory content</b> is taught in preparation for two Exam papers;            Paper 1: The human body and movement in physical activity and sport            Paper 2: Socio-cultural influences and well-being in physical activity and sport            The course consists of 7 topic areas;</p> <ol style="list-style-type: none"> <li>1. Applied anatomy and physiology</li> <li>2. Movement analysis</li> <li>3. Physical training</li> <li>4. Use of data</li> <li>5. Sports psychology</li> <li>6. Socio-cultural influences</li> <li>7. Health, fitness and well-being</li> </ol> <p><b>Practical content</b> is taught through a variety of sports and students will be assessed in three different physical activities in the role of player/performer (one in a team activity, one in an individual and a third in either a team or in an individual activity).            There will also be analysis and evaluation of performance to bring about improvement in one activity.</p>
Typical Lesson/Homework Activities. (How will I study?)	<p>Students will study in a variety of ways; worksheets, videos, power-points &amp; wherever possible the theory component of the course will be linked to the practical. Homework is provided every week and is to be submitted in the following theory lesson.</p> <p>Practical lessons will be taught focusing on a variety of sports as chosen by the PE department.</p>
Success Criteria (How will I be assessed?)	<p><b>Theory Exam assessments:</b>            Paper 1—Written exam: 1 hour 15 minutes, 78 marks = 30% of GCSE            Paper 2—Written exam: 1 hour 15 minutes, 78 marks = 30% of GCSE            All questions are a mixture of multiple choice/objective test questions, short answer questions and extended answer questions</p> <p><b>Practical non-exam assessment:</b>            Assessed by teachers and moderated by AQA            100 marks = 40% of the course            For each of the three activities, students will be assessed in skills in progressive drills (10 marks per activity) and in the full context (15 marks per activity)            Students will be assessed on their analysis (15 marks) and evaluation (10 marks) of performance to bring about improvement in one activity</p>
Succession Paths Post-16 (What can I do with this qualification?)	A-level or BTEC related courses at local colleges or 6th form