

# PE Extra-Curricular Schedule Spring 1

## Week Commencing 14<sup>th</sup> January 2019

“Express yourself with style and dedication”



St Michael's PE Department  
@stmichaelsport

	After School 3.00 – 4.15 pm			
<b>Mon</b>	<b>Girls Football Training</b> All years Astro WBA Coach	<b>Powerchair Football</b> All years Sports Hall Mr George		
<b>Tues</b>	<b>Basketball</b> <b>INVITE ONLY</b> Sports Hall Nathan Gittens Mr Bending	<b>Netball</b> <b>Training/Fixtures</b> Year 7 Upper Muga Mrs Sanders	<b>Fitness Club – boys only</b> All years Fitness Suite Miss Wilkinson	<b>BTEC Intervention</b> <b>11D</b> ITCO Mr Hill <b>Week A Only</b>
<b>Wed</b>	<b>Fitness club – girls only</b> All years Fitness Suite Miss Bano	<b>Badminton</b> Year 7/8/9 Sports Hall Mr Bright Mr Butler	<b>Boxing Club</b> All years Dining Hall Jason Charlesworth	
<b>Thu</b>	<b>Trambling Club</b> All years Studio Mrs Wright	<b>Table Tennis Club</b> All years PE hub Mr Mole	<b>Netball</b> <b>Training/Fixtures</b> Year 7 Sports Hall/Upper Muga Mrs Faulkner	<b>BTEC Intervention</b> <b>11B</b> ITCO Mr Stafford/Mr Hill <b>WEEK B ONLY</b>
<b>Fri</b>	<b>Dodgeball Club</b> All years Sports Hall Mr Tolley	<b>Free Running</b> All years Theatre Mrs Gould		

